

# English Links

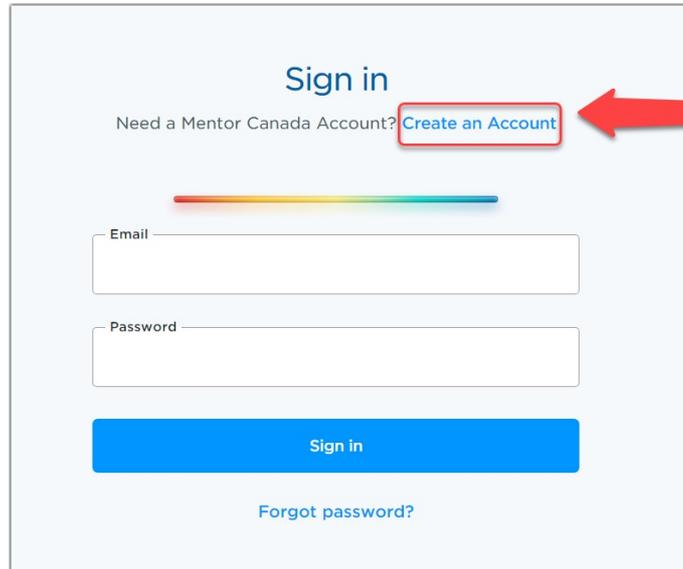
- [Create an Account](#)
- [Sign in & Sign out](#)
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# Create an Account

To get started with the *Quality Mentoring System*, you need to create an account with Mentor Canada. Creating an account with Mentor Canada will give you access to our various products and services.

**1.0 To create an account: [CLICK HERE](#)**

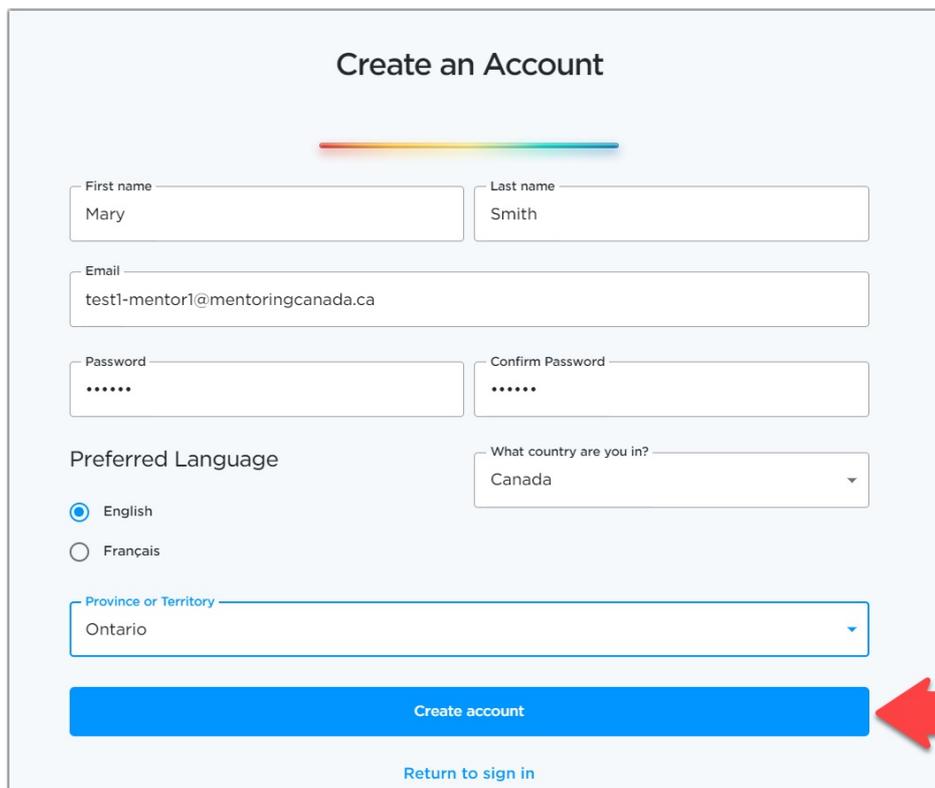
**1.1** From the "Sign in" page, click "**Create an Account**"



The screenshot shows the "Sign in" page. At the top, it says "Sign in". Below that, it asks "Need a Mentor Canada Account?" and provides a link "Create an Account". This link is highlighted with a red box, and a red arrow points to it from the right. Below the link are two input fields: "Email" and "Password". At the bottom, there is a blue "Sign in" button and a link "Forgot password?".

**1.2** You will be invited to complete your user account information.

**1.2.1** Click [Create account](#) to complete your registration.



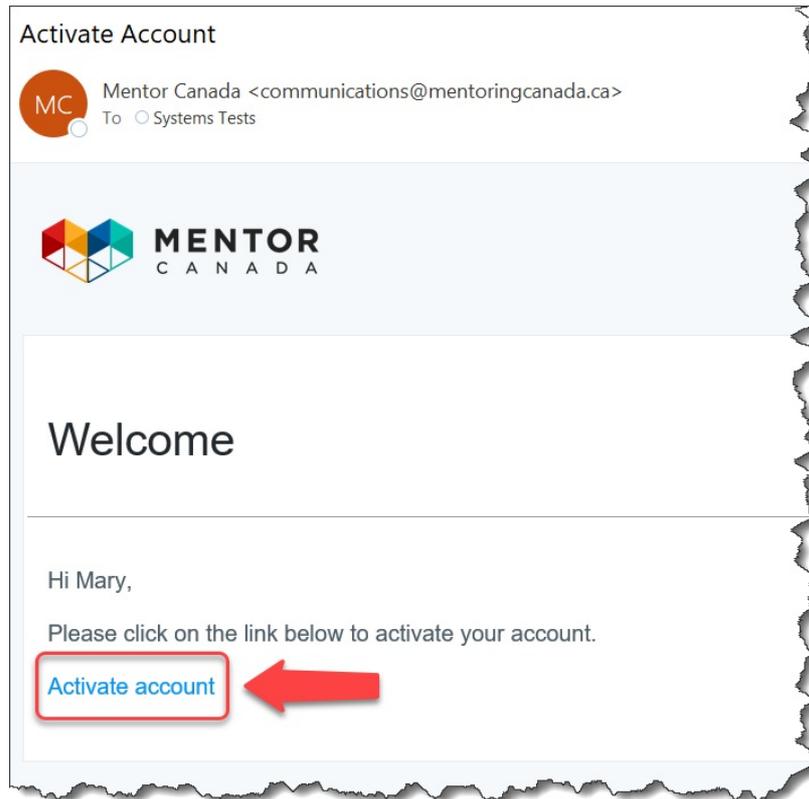
The screenshot shows the "Create an Account" page. It has a title "Create an Account" and a colorful horizontal bar. Below the bar are several input fields: "First name" (Mary), "Last name" (Smith), "Email" (test1-mentor1@mentoringcanada.ca), "Password" (masked with dots), and "Confirm Password" (masked with dots). There are also radio buttons for "Preferred Language" (English selected, Français unselected) and a dropdown menu for "What country are you in?" (Canada). At the bottom, there is a dropdown menu for "Province or Territory" (Ontario) and a large blue "Create account" button. A red arrow points to this button from the right. Below the button is a link "Return to sign in".

**1.3** A confirmation message appears on the page advising you to check your email for the next steps.

Your account has been created!

Check your email for the next steps. If you don't see an email from us, please look in your spam folder.

1.4 Look for the following email in your inbox. Click "**Activate account**" to finalize your account creation.



**Note:** If you are not receiving this email, please check your spam folder.

1.5 Once you clicked the activation link, a new browser tab will open and you will be taken to the Mentor Canada Dashboard which display all tools available through the Quality Mentoring System. Click the QMS tool of preference.

Hi Mary,  
welcome 🙌

Quality Mentoring System

**Bring quality mentoring to your community**

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📄 Self-Assessment >

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🚀 Innovation Planning Tool >

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👥 Community Of Practice >

Account

**Manage your Mentor Canada profile and account**

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 **Mary Smith**  
test1-mentor1@mentoringcanada.ca

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 **Manage your account** >

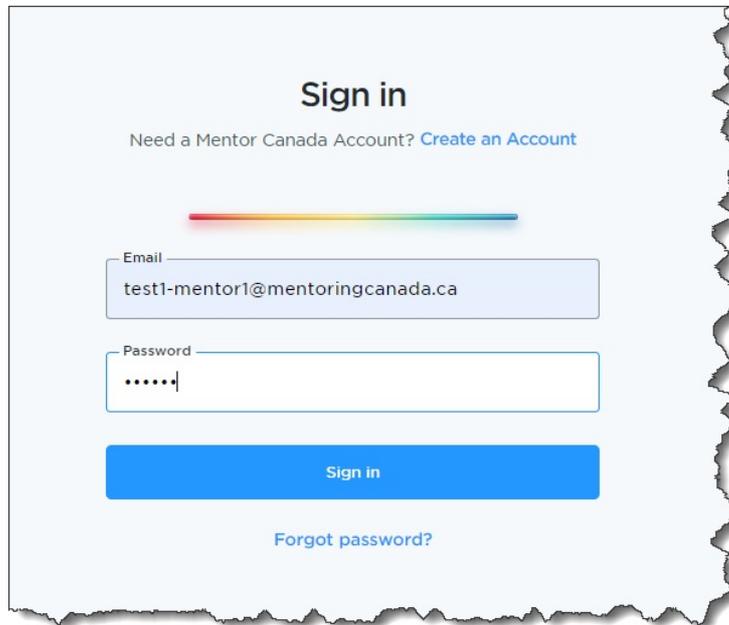
# Sign in & Sign out

- [Sign In](#)
- [Sign out](#)

## Sign in

**1.0** To connect to QMS, after creating an account, go to [services.qualitymentoring.ca](https://services.qualitymentoring.ca), enter your credentials and click

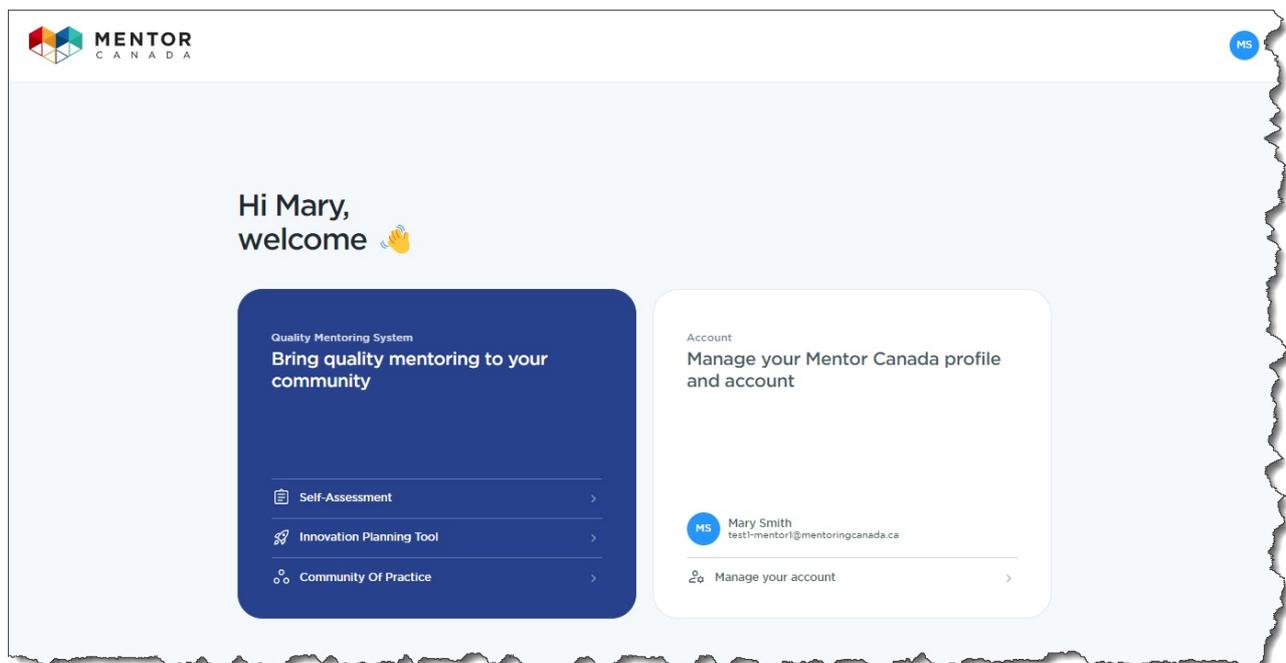
Sign in



The screenshot shows a 'Sign in' form with the following elements:

- Header: 'Sign in' with a link 'Need a Mentor Canada Account? [Create an Account](#)'
- Decorative horizontal bar with a rainbow gradient.
- Email input field: 'Email' label, 'test1-mentor1@mentoringcanada.ca' text.
- Password input field: 'Password' label, masked with '.....'.
- Blue 'Sign in' button.
- Link: 'Forgot password?'

**1.1** You will be brought to your personal dashboard where you can access the different QMS tools and manage your account.



The screenshot shows a personal dashboard with the following elements:

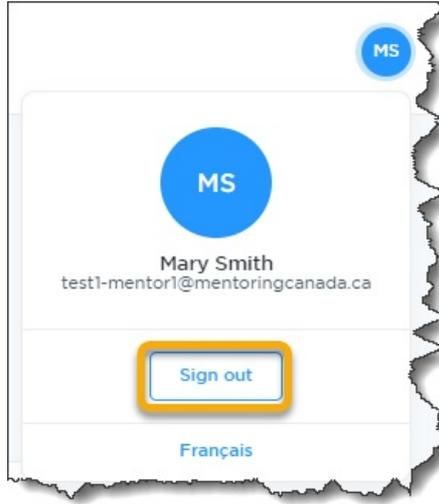
- Top left: MENTOR CANADA logo.
- Top right: User initials 'MS' in a blue circle.
- Greeting: 'Hi Mary, welcome 🖐️'.
- Left sidebar (dark blue background):
  - Quality Mentoring System: 'Bring quality mentoring to your community'.
  - Self-Assessment (with icon and arrow)
  - Innovation Planning Tool (with icon and arrow)
  - Community Of Practice (with icon and arrow)
- Right panel (white background):
  - Account: 'Manage your Mentor Canada profile and account'.
  - User profile: 'MS Mary Smith test1-mentor1@mentoringcanada.ca'.
  - Manage your account (with icon and arrow)

## Sign out

**2.0** To sign out of any of the QMS tools, look for the circle icon containing your initials at the top right-hand corner of the page. Click the icon.

2.1 This box will open, click

Sign out



# Principles of Quality Mentoring Self-Assessment

The *Principles of Quality Mentoring Self-Assessment* invites programs to take a comprehensive look at their own practices and at all dimensions of quality mentoring programming. The principles approach offers flexible guidance to assess quality within a program's unique context. The tool is designed to encourage reflection, inspire discussions, and generate new ideas about program enhancements and opportunities.

**To access the Principles of Quality Mentoring Self-Assessment, after [creating an account](https://assessment.qualitymentoring.ca), go to: [assessment.qualitymentoring.ca](https://assessment.qualitymentoring.ca)**



# Innovation Plan

The *Innovation Plan* provides mentoring programs and initiatives with evidence-informed tools and techniques to systematically advance the quality of their mentoring program. The Plan guides programs through three steps focused on quality. Completing the Innovation Plan can support programs to set realistic goals, test ideas, learn from their improvement efforts, and plan for program-wide improvements and innovation.

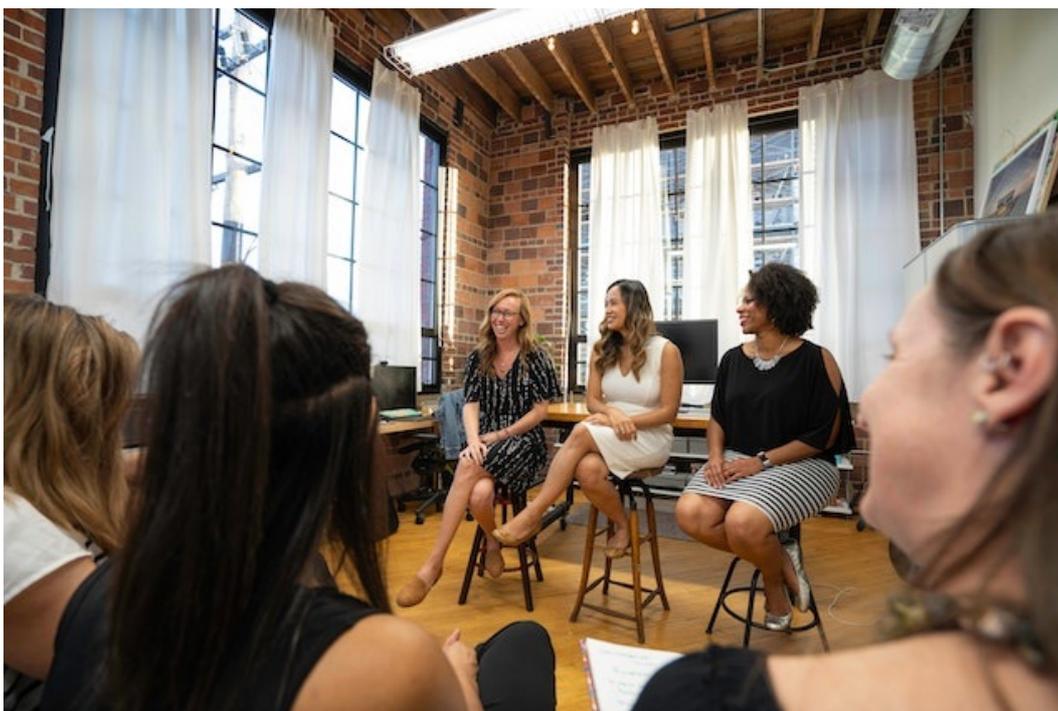
**To access the Innovation Plan, after [creating an account](#), go to:  
[plan.qualitymentoring.ca/en](http://plan.qualitymentoring.ca/en)**



# Community of Practice

Mentor Canada convenes and facilitates the only National Community of Practice on Mentoring in Canada. This unique environment engages a community of mentoring professionals with one common goal: supporting each other and young people through impactful mentoring opportunities. The Community of Practice offers highly focused discussions, critical insights from subject matter experts (researchers and practitioners), and helpful evidence-based mentoring resources. The Community of Practice convened by Mentor Canada will strengthen the mentoring ecosystem in Canada, build networks, provide a forum for the latest mentoring evidence and insights, and provide access to exclusive content.

**To access the Community of Practice, after [creating an account](#), go to: [community.qualitymentoring.ca](https://community.qualitymentoring.ca)**



# Technical Assistance and Capacity-Building

We prioritize and value long-term collaborative relationships. If you are not sure where to start, have some questions, or just want to speak face-to-face with someone, we would be happy to hear from you! No-cost support is available at any time. We are here to celebrate your wins, offer nuanced and balanced advice, and co-construct solutions to your most pressing challenges.

## Contact Us for Support:

**By Email:** Contact our Quality Mentoring and Capacity-Building Specialist: [Ben Dantzer](#)

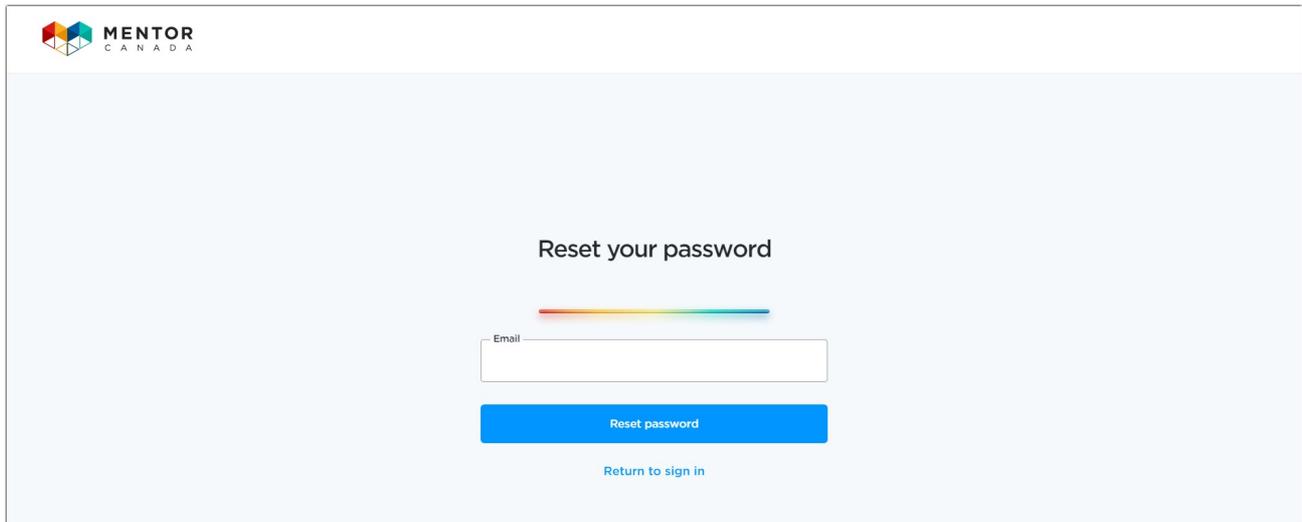
- ✔ **Drop-In Hours:** We host regular drop-in hours on Wednesday from 2-4 pm Eastern time. Drop by to have face-to-face chat with our Quality Mentoring and Capacity-Building Specialist via Zoom. No appointment is needed.

**[CLICK HERE to join the Drop-In Hours Call](#)**



# Password Reset

To reset your password with the Quality Mentoring System [CLICK HERE](#) and follow the instructions.



The screenshot shows the Mentor Canada password reset interface. At the top left is the Mentor Canada logo. The main heading is "Reset your password". Below this is a horizontal rainbow-colored bar. Underneath the bar is an input field labeled "Email". Below the input field is a blue button labeled "Reset password". At the bottom of the form is a link labeled "Return to sign in".